



## The organizational chart doesn't mention this...

**M**ost managers know that good decision-making should be rational, objective, and unemotional. The problem is that an emotional core drives all human behavior.

“**Leading From Inside**” will teach you how to gauge the emotional climate of your working groups, how to recognize when emotion is working against you, and how to respond when emotions seem to be pulling your team off course.

The seminar covers:

- Emotional Triangles
- Self-differentiation
- The benefits of playfulness
- Overcoming resistance
- Getting your system “unstuck”

**To schedule, call  
(828) 215-1628**

Dennis Lundblad's

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# Leading From Inside

Emotional Process  
in the Workplace

# Using Your Head about Feelings

Do you ever wonder why intelligent, rational and reasonable people sometimes make poor choices? The reason is that we're all driven by basic emotional processes that run behind—and sometimes counter to—our intellectual framework.

Using colorful visuals, friendly discussion and thought-provoking interaction, “**Leading From Inside**” gives insight into the emotional systems that drive every human endeavor. Without minimizing the importance of either human emotion or human intellect, the seminar gives supervisors, executives and managers—anyone who deals with groups of people—a solid handle on dealing with the emotional content that permeates every workplace.



This isn't touchy-feely self-esteem enhancement, but challenging engagement in the patterns and systems that motivate and explain human behavior.

## To Schedule, Please Contact:

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## Event Schedule

“**Leading From Inside**” is a one-day leadership-building seminar incorporating four sessions. While the actual timetable may vary slightly depending on group dynamics and sponsor preferences, the tentative timetable looks like this:

### 8:30 a.m. **First Session**

“You Don't Have to be Crazy to Work Here—No, Wait...Yes, You Do!” Multimedia presentation. Explore an introduction to Bowen “Family Systems” theory.

9:30 a.m. Discussion  
10:00 a.m. Break

### 10:15 a.m. **Second Session**

“If Laughter is the Best Medicine, What's the Disease?” Multimedia Presentation. Anxiety and emotional process are discussed from the perspective of a self-differentiated leader. Emotional triangles.

11:15 a.m. Discussion  
11:45 a.m. Break for Lunch

### 1:00 p.m. **Third Session**

“With Enemies Like These, Who Needs Employees?” Multimedia Presentation. This session covers managing resistance to change (attack, sabotage and seduction) using Family Systems principles.

2:00 p.m. Discussion  
2:30 p.m. Break

### 2:45 p.m. **Fourth Session**

“I've Been Working On Derail-road.” Multimedia Presentation. This session presents tasks for well-differentiated leaders and those who hope to be, including self-care for supervisors and Family Systems networking.

3:45 p.m. Discussion  
4:15 p.m. End

## Your Presenter



Dennis Lundblad is a veteran of fifteen years in the management of non-profit, volunteer-driven organizations. A founding member of “The

Lazarus Project,” he has worked with leaders from dozens of churches and other organizations to move groups from being ‘stuck’ to new productivity and vitality.

An accomplished public speaker and presenter with a friendly, conversational style and a wry sense of humor, he has spoken to civic groups, study groups and congregations.

“While there are differences in the way non-profits and for-profits are organized, there's absolutely no difference in the way human emotion can render a system stuck,” writes Lundblad. “All it takes to free the system is one leader who can recognize the symptoms of stuckness, keep a cool head, and look for the organization's ignition key.”